



A PERSONAL JOURNAL
WORKBOOK OF FUNNY SHIT
THAT HAPPENED TO YOU
WHILE YOU WERE BECOMING
A GROWN ASS WOMAN.

BASED ON THE BOOK BY
WENDI AARONS.

Overall Rating:



Did you complete the book?

Yes No Almost

What was your overall opinion of the book?

What was your favorite part of the book?

What did you not like?

Your favorite quotes:

20's Era

Favorite song: _____

Celebrity crush: _____

Favorite funny memory: _____

Most memorable fashion moment: _____

A funny story or advice you wish you would have known in your 20s: _____

Something you wish you would have said to your 20-year-old self: _____

Share a moment from your 20s you're *really* glad didn't make it online.
Because some memories are best left untagged forever!

30's Era

Favorite song: _____

Celebrity crush: _____

Favorite funny memory: _____

Most memorable fashion moment: _____

A funny story or advice you wish you would have known in your 30s: _____

Something you wish you would have said to your 30-year-old self: _____

Share a moment from your 30s you're *really* glad didn't make it online.
Because some memories are best left untagged forever!

40's Era

Favorite song: _____

Celebrity crush: _____

Favorite funny memory: _____

Most memorable fashion moment: _____

A funny story or advice you wish you would have known in your 40s: _____

Something you wish you would have said to your 40-year-old self: _____

Share a moment from your 40s you're *really* glad didn't make it online.
Because some memories are best left untagged forever!

50's Era

Favorite song: _____

Celebrity crush: _____

Favorite funny memory: _____

Most memorable fashion moment: _____

A funny story or advice you wish you would have known in your 50s: _____

Something you wish you would have said to your 50-year-old self: _____

Share a moment from your 50s you're *really* glad didn't make it online.
Because some memories are best left untagged forever!

60's Era

Favorite song: _____

Celebrity crush: _____

Favorite funny memory: _____

Most memorable fashion moment: _____

A funny story or advice you wish you would have known in your 60s: _____

Something you wish you would have said to your 60-year-old self: _____

Share a moment from your 60s you're *really* glad didn't make it online.
Because some memories are best left untagged forever!

70's Era

Favorite song: _____

Celebrity crush: _____

Favorite funny memory: _____

Most memorable fashion moment: _____

A funny story or advice you wish you would have known in your 70s: _____

Something you wish you would have said to your 70-year-old self: _____

Share a moment from your 70s you're *really* glad didn't make it online.
Because some memories are best left untagged forever!

Not Dead Yet Era

Favorite song: _____

Celebrity crush: _____

Favorite funny memory: _____

Most memorable fashion moment: _____

A funny story or advice you wish you want to share: _____

Something you wish you would have said to younger self: _____

Bonus Prompts

If you could create a protest sign today what would it say? _____

When was the first time someone called you "Ma'am?" _____

What FUCK THIS moment in your life do you wish was caught on social media? _____

What is your Julia Sugarbaker comeback you wish you would have said that would have certainly gotten you canceled and to whom? _____

What would you call it if you could invent a funny title for a cocktail right now? _____

What inspiration is now on your MUST DO LIST after reading this book? _____



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Playlist

01. **Freedom**
George Michael
02. **Here I Go Again**
Whitesnake
03. **That's Right
(You're Not From Texas)**
Lyle Lovett
04. **Theme from Thirtysomething**
The Hollywood Movie Orchestra
05. **Wouldn't It Be Good**
Nik Kershaw
06. **If You Leave**
OMD
07. **Jolene**
Dolly Parton
08. **Run-Around**
Blues Traveler
09. **She Persisted**
Gina Chavez
10. **The Eyes of Texas**
The University of Texas
Longhorn Band
11. **White Trash Wedding**
The Chicks
12. **We Got the Beat**
The Go-Go's
13. **Sunrise, Sunset**
John Williams Orchestra
(From Fiddler on the Roof)
14. **Faith**
George Michael
15. **Freeze Frame**
J. Geils Band
16. **Copacabana**
Barry Manilow
17. **Vacation**
The Go-Go's
18. **St. Elmos Fire**
John Parr
19. **All of Me**
John Legend
20. **Sisters Are Doin' It
For Themselves**
Eurythmics



Scan to
listen on
Spotify

QUOTES

“

“It takes courage to grow up and become who you really are.” E.E. Cummings

“

“Gen X doesn’t get enough credit for having one foot in analog and one foot in digital.”

“

“Yes Officer, the lady I saw flipping off Governor Greg Abbott motorcade while chugging white wine out of a ziplock gallon bag was definitely middle-aged.”

“

“Be Open, Be Interested, Be Interesting!”

“

“...engaging with all kinds of people and hearing their stories opened up my world in a huge way. It helped me become aware of injustices and missions and celebrations that permanently changed my thinking.”

“

“After that night at the Capitol I started to see sexism and inequality everywhere and it made me furious. I thought critically for the first time about my experience in Hollywood and the opportunities I didn’t get because I’m a woman. I’d always thought there was something I was doing wrong.”

“

“It was scary to finally start speaking up about politics and social issues, but it also felt like I was finally being honest about who I really was.”



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